

11<sup>th</sup> April 2008

**RE: Dr Clive Travis**

I went to the CSIP Recovery Showcase in 2007 and attended Clive's session "A medical acceptable recovery situation". I found the presentation to be informative and engaging. By listening to a Clive's experiences of mental distress it promoted a very positive message of recovery and gave a clear perspective of what's important to people in this position. I looked for an opportunity to invite Clive to Lincolnshire to address the Approved Social Workers (ASW) Forum.

The opportunity arose this year (April 2008) to do this. I contacted Clive via the website [paranoidschizophrenia .co.uk](http://paranoidschizophrenia.co.uk) and found Clive to be approachable and responsive and quickly confirmed the arrangements.

Clive's presentation was part of a conference held in conjunction with the Local University and the audience consisted of a range of people that included; Mental Health Service Users, ASWs, Social Workers, Students, Legal services and Managers.

The presentation of the personal experience of surviving mental health services was put over in a way that challenged professional thinking, promoted recovery, used humour and encouraged participant's contributions. This assisted all conference participants understanding of the experiences of service users.

Comments from the conference participants included:

*"Clive Travis was excellent"*

*"CT session in the morning was interesting and thought provoking. Important to keep perspectives of patients in mind"*

*"Excellent presentation by Dr Clive Travis it was very thought provoking"*

*"Dr Clive Travis was an excellent speaker, informative, humour and experience was great"*

*"The presentation by service user was brilliant! Made me really think about SU perspective in treatment and problems such as side affects"*

Clive's contribution to the conference was very important. It put across a message of recovery based on powerful personal experiences that Clive shared in a constructive and informative way. I would not hesitate in recommending Clive for training and development work.

John Griffin, Training and Development Officer.